

Curriculum Burst 3 - Red Arrows

Equipment

- Scarves
- Bean bags
- Red Arrow film footage (optional)

Instructions

- Children stand **with legs hip width apart** facing adult. Each child is given a scarf or bean bag (see below).
- Scarves/bean bags are held in pincer grip, between thumb and fore finger.
- The children are told they are the red arrows display team and they must practice their air acrobatics. Show the children video footage if using.
- Adults demonstrates from the list below using as big movements as possible,
 - Shapes
 - Letters
 - Numbers
- Children copy each movement in turn.
- The activity can be varied by asking children to spell words or answer sums.



Starting points and progression

Sitting crossed legged using scarf

Kneeling using scarf

Standing with legs apart using scarf

Standing with legs together using scarf

Standing with legs together using bean bag

Standing on preferred leg using scarf then bean bag

Standing on other leg using scarf then bean bag